



2021 Preventive medications and your plan

Managing your health with preventive medications

Your pharmacy benefit plan includes special coverage for generic preventive medications. These medications help protect against or manage a medical condition, such as:

- Preventing blood clots and reducing the risk of a stroke
- Preventing heart disease and reducing high blood pressure
- Preventing osteoporosis
(a disease that leads to an increased risk of bone fracture)

Your health is important. Taking preventive medications as told by your healthcare provider can help you avoid serious illness and high healthcare costs.

Special coverage for generic preventive medications

The drugs on your plan's preventive medications list do not have a deductible. This means you'll pay your copayment/coinsurance or nothing at all, depending on your plan. It can save you money and get the medications you need to help you live a healthier life.

Your plan only offers this special coverage for generic drugs on the preventive medications list. Preventive medications are a group of products in your plan's formulary which tells you what medications your plan covers.

Please note that most medications on the formulary have a deductible, but generic preventive medications do not. To check the cost of any medication, see your benefit handbook or contact customer service at the member phone number on your ID card.

Quality drives our decisions

A group of doctors and pharmacists meets often to review medications and suggest coverage under pharmacy benefit plans. They also recommend which medications should be on plan's generic preventive medications list.

A list of generic preventive medications begins on the next page. Medications are listed by therapeutic category. Your specific plan may not cover all of the drugs. Please see your plan's formulary for coverage details. Oral and self-injectable Specialty medications are labeled with an SP note and may have limitations based on your plan benefit. For questions on injectable dose forms of preventive medications driven by your healthcare provider, please call the member phone number on your ID card.

Generic medications by therapeutic category

ANTIDEPRESSANTS

citalopram
escitalopram
fluoxetine
fluoxetine dr
fluvoxamine
fluvoxamine er
paroxetine
paroxetine er
sertraline

ANTIPSYCHOTICS

aripiprazole
aripiprazole odt
chlorpromazine
clozapine
clozapine odt
compro
fluphenazine
haloperidol
loxapine
molindone
olanzapine
olanzapine odt
olanzapine / fluoxetine
paliperidone er
perphenazine
prochlorperazine
quetiapine
quetiapine er
risperidone
risperidone odt
thioridazine
thiothixene
trifluoperazine
ziprasidone

ASTHMA AND COPD

albuterol sulfate
albuterol sulfate er

albuterol sulfate hfa
budesonide sus
cromolyn
difil-g forte
fluticasone / salmeterol diskus
ipratropium
ipratropium / albuterol
isoproteren aer
levalbuterol neb
metaproterenol
montelukast
terbutaline
theophylline
theophylline cr
theophylline er
wixela inhub
zafirlukast
zileuton er

CANCER

anastrozole
exemestane
letrozole
raloxifene
tamoxifen
toremifene

CARDIOVASCULAR/ HEART DISEASE

Anti-Anginal Agents

isosorbide dinitrate
isosorbide dinitrate er
isosorbide mononitrate
isosorbide mononitrate er
minitran
nitroglycerin
nitroglycerin er
nitroglycerin lingual
nitroglycerin transdermal
nitro-time
petn

ranolazine er

Anticoagulants

aspirin / dipyridamole
cilostazol
clopidogrel
dipyridamole
enoxaparin ^{SP}
fondaparinux ^{SP}
heparin
jantoven
prasugrel
warfarin

Cardiac Glycosides

digitek
digox
digoxin

High blood pressure

acebutolol
aliskiren
amiloride
amiloride / hctz
amlodipine
amlodipine / benazepril
amlodipine / valsartan
amlodipine/olmesartan
medoxomil
amlodipine / valsartan / hctz
atenolol
atenolol / chlorthalidone
benazepril
benazepril / hctz
betaxolol tablet
bisoprolol
bisoprolol / hctz
bumetanide
candesartan
candesartan / hctz
captopril

^{SP} Oral and self-injectable Specialty medications may have limitations based on your plan benefit

* Where differences are noted between this formulary and your benefit plan documents, the benefit plan documents will rule

captopril / hctz
cartia xt
carvedilol
carvedilol er
chlorothiazide
chlorthalidone
clonidine
diltiazem cd
diltiazem
diltiazem er
dilt-XR
doxazosin
enalapril
enalapril / hctz
eplerenone
eprosartan
ethacrynic acid
ezide
felodipine er
fosinopril
fosinopril / hctz
furosemide
guanfacine
hydralazine
hydrochlorothiazide
indapamide
irbesartan
irbesartan / hctz
isradipine
labetalol
lisinopril
lisinopril / hctz
losartan potassium
losartan potassium / hctz
matzim la
methylothiazide
methyldopa
methyldopa / hctz
metolazone
metoprolol er
metoprolol
minoxidil tablet
moexipril
nadolol
nadolol / bendroflumethiazide
nicardipine
nifedipine
nifedipine er

nimodipine
nisoldipine er
olmesartan
olmesartan / amlodipine / hctz
olmesartan / hctz
perindopril
phenoxybenzamine
pindolol
prazosin
propranolol
propranolol er
propranolol / hctz
quinapril
quinapril / hctz
ramipril
sotalol
spironolactone
spironolactone / hctz
taztia xt
telmisartan
telmisartan / amlodipine
telmisartan / hctz
terazosin
tiadylt er
timolol (tablet)
torsemide
trandolapril
trandolapril / verapamil er
triamterene
triamterene / hctz
valsartan
valsartan / hctz
verapamil
verapamil er
verapamil sr

High cholesterol

amlodipine/atorvastatin
atorvastatin
cholestyramine
cholestyramine light
colesevelam
colestipol
ezetimibe
ezetimibe / simvastatin
fenofibrate
fenofibrate micronized
fenofibric acid

fenofibric acid DR
fluvastatin
fluvastatin er
gemfibrozil
lovastatin
niacin (Rx only)
niacin er
niacor
omega-3-acid ethyl esters
pravastatin
prevalite
rosuvastatin
simvastatin

CONTRACEPTIVES †

generic contraceptive patch
generic emergency
 contraceptives
generic injectable contraceptive
generic oral contraceptives
generic vaginal ring
 contraceptive

DIABETES

Non-insulin

acarbose
chlorpropamide
glimepiride
glipizide
glipizide er
glipizide xl
glipizide/metformin
glyburide
glyburide micronized
glyburide/metformin
metformin
metformin er (not mod or osm)
miglitol
nateglinide
pioglitazone
pioglitazone / metformin
pioglitazone / glimepiride
repaglinide
repaglinide/metformin
tolazamide
tolbutamide

^{SP} Oral and self-injectable Specialty medications may have limitations based on your plan benefit

[†] Where differences are noted between this formulary and your benefit plan documents, the benefit plan documents will rule

ESTROGENS

amabelz
covaryx
covaryx hs
dotti
eemt
eemt hs
esterified estrogens/
methltestosterone
esterified estrogens/
methltestosterone ds
esterified estrogens/
methltestosterone hs
estradiol
estradiol/norethindrone acetate
fyavolv
jinteli
lopreeza
mimvey
mimvey lo
norethindrone acetate/ethinyl
estradiol

GASTROINTESTINAL-ULCER DRUGS †

cimetidine
esomeprazole magnesium
famotidine
lansoprazole
lansoprazole/amoxicillin/
clarithromycin

misoprostol
nizatidine
omeprazole
pantoprazole
pantoprazole dr
rabeprazole tab
sucralfate

HIV/AIDS

abacavir
abacavir / lamivudine
abacavir / lamivudine /
zidovudine
atazanavir
didanosine
efavirenz
efavirenz/lamivudine/tenofovir
fosamprenavir
lamivudine
lamivudine / zidovudine
lopinavir / ritonavir
nevirapine
nevirapine ER
ritonavir
stavudine
tenofovir
zidovudine

OSTEOPOROSIS

alendronate
calcitonin-salmon
etidronate di

ibandronate
raloxifene
risedronate
risedronate dr

SMOKING DETERRENTS †

bupropion er
nicotine gum
nicotine lozenge
nicotine patch

TRANSPLANT †

azathioprine
cyclosporine ^{SP}
cyclosporine modified ^{SP}
everolimus ^{SP}
gengraf ^{SP}
mycophenolate ^{SP}
mycophenolic acid dr ^{SP}
sirolimus ^{SP}
tacrolimus cap ^{SP}

VITAMINS & HEMATINICS †

Pediatric vitamins with fluoride

Generic Products

Prenatal multivitamins with iron and folic acid

Generic Products

^{SP} Oral and self-injectable Specialty medications may have limitations based on your plan benefit

† Where differences are noted between this formulary and your benefit plan documents, the benefit plan documents will rule

This list should be used as a reference and may not include all medications.
Brand or generic availability may not be current due to changes in the market.



OptumRx specializes in the delivery, clinical management and affordability of prescription medications and consumer health products. We are an Optum® company — a leading provider of integrated health services. Learn more at [optum.com](https://www.optum.com).

All Optum trademarks and logos are owned by Optum, Inc. in the U.S. and other jurisdictions. All other trademarks are the property of their respective owners.

©2020 Optum, Inc. All rights reserved. WF3429992-A_ORX_HDHP preventive generics-premium_09242020 82188C-072020